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# On a Friedrichs-type inequality

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ABSTRACT. We extend an inequality proved by Rao & Šikić [5] to the class of naturally defined convex functions and derive some related inequalities. Using exponential convexity, we refine the Friedrichs-type inequality proved by Rao & Šikić [5].

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## 1. Introduction

One of the results Rao & Šikić [5] obtained was the following inequality for a class of convex functions (inequality (65), pg 122)

**Theorem 1.** Let  $\Phi : (0, +\infty) \to (0, +\infty)$  be a convex function for which a positive Borel  $\sigma$ -finite measure  $\eta$  exists such that

$$\Phi(\tau) = \int_0^\tau \varphi(t) dt$$
, for every  $\tau \in (0, +\infty)$ ,

where

$$\varphi(t) = \eta([0, t]), \text{ for every } t \in (0, +\infty).$$

Furthermore, let  $\Omega$  be a bounded, open and connected set in  $\mathbb{R}^n$  and let  $f \in C^1(\Omega)$  be such that  $\operatorname{supp}(f) \subset \Omega$ . Then

$$\Phi(|f(x)|) \le \frac{1}{\omega_n} \int_{\Omega} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \varphi(|f(y)|) \, dy,$$

where  $\nabla f = (\partial f / \partial x_1, ..., \partial f / \partial x_n)$  and  $\omega_n$  is the area of the surface of the unit sphere  $S^{n-1}$  in  $\mathbb{R}^n$ .

Furthermore, using Theorem 1, Rao & Šikić proved Friedrichs-type inequality

$$\int_{\Omega} |f(x)|^p dx \le C \int_{\Omega} \|\nabla f(x)\|^p dx,$$

with constant  $C = p \cdot \operatorname{diam}(\Omega)$ .

The goal of this paper is to extend the inequality from Theorem 1 to the class of all convex functions on  $(0, +\infty)$  and, by using exponential convexity, to refine the Friedrichs-type inequality.

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## 2. Main results

We will use the following lemma proved by Rao & Šikić [5]

**Lemma 2.** Let  $\Omega$  be a bounded, open and connected set in  $\mathbb{R}^n$  and let  $f \in C^1(\Omega)$  be such that  $\operatorname{supp}(f) \subset \Omega$ . Then, for every  $x \in \mathbb{R}^n$  and  $u \ge 0$  the following inequality holds

$$|f(x)| \le u + \frac{1}{\omega_n} \int_{\Omega} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \mathbf{1}_{\{|f(y)| \ge u\}} \, dy.$$

The following theorem states the main result

**Theorem 3.** Let  $\Omega$  and f be as in Lemma 2, let  $R = \sup_{x \in \Omega} |f(x)|$  and let  $\Phi(0, R] \to \mathbb{R}$  be a convex function with  $\varphi$  denoting the right-continuous version of its derivative. Let z > 0 and  $x \in B_z$ , where

$$B_z = \{ y \in \Omega : |f(y)| \ge z \}.$$

Then the following inequality holds

$$\begin{split} \Phi\big(|f(x)|\big) - \Phi(z) &\leq \frac{1}{\omega_n} \int_{B_z} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \varphi\big(|f(y)|\big) \, dy \\ &+ \varphi(z)\Big(|f(x)| - \frac{1}{\omega_n} \int_{B_z} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \, dy\Big) - z\varphi(z). \end{split}$$

If  $\Phi$  is a concave function, then the above inequality is reversed. Proof. Integration by parts gives

$$\begin{split} \Phi(|f(x)|) - \Phi(z) &= \int_{z}^{|f(x)|} \varphi(u) du = u\varphi(u) \Big|_{z}^{|f(x)|} - \int_{z}^{|f(x)|} u d\varphi(u) \\ &= |f(x)|\varphi(|f(x)|) - z\varphi(z) - \int_{z}^{|f(x)|} (u \pm |f(x)|) d\varphi(u) \\ &= \int_{z}^{|f(x)|} (|f(x)| - u) d\varphi(u) + \varphi(z)(|f(x)| - z) \end{split}$$

Since  $d\varphi$  is a positive measure, using Lemma 2 we get

$$\Phi(|f(x)|) - \Phi(z) \le \frac{1}{\omega_n} \int_{z}^{|f(x)|} \int_{\Omega} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \mathbf{1}_{\{|f(y)| \ge u\}} \, dy \, d\varphi(u) + \varphi(z)(|f(x)| - z).$$
(1)

Using Fubini's theorem and nonnegativity of the integrand, we further get

$$\begin{split} \frac{1}{\omega_n} \int_z^{|f(x)|} \int_\Omega \frac{|\nabla f(y) \cdot (x-y)|}{|x-y||^n} \mathbf{1}_{\{|f(y)| \ge u\}} \, dy \, d\varphi(u) = \\ &= \int_\Omega \left[ \frac{|\nabla f(y) \cdot (x-y)|}{||x-y||^n} \int_z^{|f(x)|} \mathbf{1}_{\{|f(y)| \ge u\}} \, d\varphi(u) \right] dy \\ &\leq \int_\Omega \left[ \frac{|\nabla f(y) \cdot (x-y)|}{||x-y||^n} \int_z^{+\infty} \mathbf{1}_{\{|f(y)| \ge u\}} \, d\varphi(u) \right] dy \\ &= \int_\Omega \frac{|\nabla f(y) \cdot (x-y)|}{||x-y||^n} [\varphi(|f(y)|) - \varphi(z)] \mathbf{1}_{B_z}(y) \, dy \\ &= \frac{1}{\omega_n} \int_{B_z} \frac{|\nabla f(y) \cdot (x-y)|}{||x-y||^n} \varphi(|f(y)|) \, dy - \frac{\varphi(z)}{\omega_n} \int_{B_z} \frac{|\nabla f(y) \cdot (x-y)|}{||x-y||^n} \, dy. \end{split}$$

Plugging the last inequality in (1) and rearranging finishes the proof.

The following corollary gives the integral version of the inequality

**Corollary 4.** Let  $B = \bigcup_{z \searrow 0} B_z = \{y \in \Omega : f(y) \neq 0\}, C \subset B \text{ and } z : C \to (0, +\infty).$ If  $x \in B_{z(x)}$  for every  $x \in C$ , then for a finite measure  $\mu$  on C the following inequality holds

$$\begin{split} \int_{C} \Big( \Phi \big( |f(x)| \big) - \Phi(z(x)) \Big) \mu(dx) &\leq \\ & \frac{1}{\omega_{n}} \int_{C} \int_{B_{z(x)}} \frac{|\nabla f(y) \cdot (x-y)|}{||x-y||^{n}} \varphi \big( |f(y)| \big) \, dy \, \mu(dx) \\ & - \int_{C} \varphi(z(x)) \Big( |f(x)| - \frac{1}{\omega_{n}} \int_{B_{z}} \frac{|\nabla f(y) \cdot (x-y)|}{||x-y||^{n}} \, dy \Big) \mu(dx) - \int_{C} z(x) \varphi(z(x)) \mu(dx). \\ & \text{In particular, for } C = B_{z} \text{ and } z(x) \equiv z \text{ the following inequality holds} \end{split}$$

$$\begin{split} \int_{B_z} \Phi(|f(x)|)\mu(dx) - \Phi(z)\mu(B_z) &\leq \\ & \frac{1}{\omega_n} \int_{B_z} \varphi(|f(x)|) \left( \int_{B_z} \frac{|\nabla f(x) \cdot (y-x)|}{\|y-x\|^n} \, \mu(dy) \right) dx \\ & + \varphi(z) \int_{B_z} \left( |f(x)| - \frac{1}{\omega_n} \int_{B_z} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \, dy \right) \mu(dx) - z\varphi(z)\mu(B_z). \end{split}$$

*Proof.* The first inequality of the corollary follows by integrating the inequality from Theorem 3 with respect to the measure  $\mu$ .

The second inequality follows by taking  $C = B_z$  and  $z(x) \equiv z$  in the first inequality and applying Fubini's theorem on the first integral of the right-hand side.

**Corollary 5.** Under the assumptions of Corollary 4, for  $p \in \mathbb{R} \setminus \{0, 1\}$  the following inequality holds

$$\begin{aligned} \frac{1}{p(p-1)} \int_{B_z} |f(x)|^p \mu(dx) &\leq \\ & \frac{1}{(p-1)\omega_n} \int_{B_z} |f(x)|^{p-1} \bigg( \int_{B_z} \frac{|\nabla f(x) \cdot (y-x)|}{\|y-x\|^n} \, \mu(dy) \bigg) \, dx \\ & + \frac{z^{p-1}}{p-1} \int_{B_z} \Big( |f(x)| - \frac{1}{\omega_n} \int_{B_z} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \, dy \Big) \mu(dx) - \frac{z^p \mu(B_z)}{p}. \end{aligned}$$

*Proof.* The inequality follows by applying Corollary 4 to the function  $\Phi(\tau) = \frac{\tau^p}{p(p-1)}$ .

The following corollary takes into account properties of the second term on the right-hand side of the inequality from Theorem 3  $\,$ 

**Corollary 6.** Under the assumptions of Theorem 3, if  $\varphi(z)$  is nonnegative, then the following inequality holds

$$\Phi\big(|f(x)|\big) - \Phi(z) \le \frac{1}{\omega_n} \int_{B_z} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \varphi\big(|f(y)|\big) \, dy - z\varphi(z).$$

*Proof.* For functions f that satisfy the assumptions of the corollary, the well-known formula

$$f(x) = \frac{1}{\omega_n} \int_{\Omega} \frac{\nabla f(y) \cdot (x - y)}{\|x - y\|^n} dy$$

holds, so

$$|f(x)| \le \frac{1}{\omega_n} \int_{\Omega} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} dy.$$

Since  $\varphi(z) \ge 0$ , the second term on the right-hand side of the inequality from Theorem 3 is nonpositive, so the claim of the corollary follows.

If Theorem 3 holds for some z > 0, then it holds for every z',  $0 < z' \le z$ . Letting  $z' \to 0$ , we can get further inequalities.

In the proof of the following corollary we will use the fact that for a bounded and connected open set  $\Omega$  the following inequality holds

$$\frac{1}{\omega_n} \int_{\Omega} \frac{dx}{\|x - y\|^{n-1}} \le \frac{\operatorname{diam}(\Omega)}{2} \tag{2}$$

**Theorem 7.** Under the assumptions of Theorem 3, if  $\varphi(0+)$  is finite, then the following inequality holds

$$\begin{split} \Phi\big(|f(x)|\big) - \Phi(0+) &\leq \frac{1}{\omega_n} \int_{\Omega} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \varphi\big(|f(y)|\big) \, dy \\ &+ \varphi(0+) \Big(|f(x)| - \frac{1}{\omega_n} \int_{\Omega} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \, dy \Big). \end{split}$$

Furthermore, for a finite measure  $\mu$  on  $\Omega$  the following inequality holds

$$\begin{split} \int_{\Omega} \Phi\big(|f(x)|\big)\mu(dx) &- \Phi(0+)\mu(\Omega) \leq \\ & \frac{1}{\omega_n} \int_{\Omega} \varphi\big(|f(x)|\big) \bigg( \int_{\Omega} \frac{|\nabla f(x) \cdot (y-x)|}{\|y-x\|^n} \,\mu(dy) \bigg) \, dx \\ &+ \varphi(0+) \int_{\Omega} \Big(|f(x)| - \frac{1}{\omega_n} \int_{\Omega} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \, dy \Big) \mu(dx). \end{split}$$

*Proof.* Since  $\varphi(0+)$  is finite, we have  $\lim_{z\to 0} z\varphi(z) = 0$ , so the last term on the righthand side of the inequality from Theorem 3 vanishes as  $z \to 0$ .

Since  $f \in C^1(\Omega)$  has a compact support  $\varphi(0+)$  is finite, both functions  $\nabla f$  and  $\varphi(|f|)$  are bounded. Therefore

$$\begin{aligned} \left| \frac{1}{\omega_n} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \varphi (|f(y)|) \right| &\leq \frac{1}{\omega_n} \frac{\|\nabla f(y)\|}{\|x-y\|^{n-1}} |\varphi (|f(y))| \\ &\leq \|\nabla f\|_{L^{\infty}} \|\varphi (|f|)\|_{L^{\infty}} \frac{1}{\omega_n \|x-y\|^{n-1}}. \end{aligned}$$

Taking into account (2), we see that the integrand in the first integral of the inequality from Theorem 3 is dominated by an integrable function. Similarly, the integrand in the second integral is dominated as well, so by the dominated convergence theorem the right-hand side of the inequality from Theorem 3 converges to

$$\begin{aligned} \frac{1}{\omega_n} \int_B \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \varphi \left(|f(y)|\right) dy \\ &+ \varphi(0+) \left(|f(x)| - \frac{1}{\omega_n} \int_B \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \, dy\right). \end{aligned}$$

as  $z \to 0$ , where  $B = \bigcup_{z \searrow 0} B_z = \{y \in \Omega : f(y) \neq 0\}$ . Since  $\nabla f = 0$  on the set  $B^c = \{f = 0\}$ , the integrals over B can be replaced with integrals over  $\Omega$ , which proves the first inequality.

The second inequality follows from the first by integrating with respect to the measure  $\mu$  and applying Fubini's theorem on the first integral on the right-hand side.

**Corollary 8.** Under the assumptions of Theorem 7, for p > 1 the following inequality holds

$$\int_{\Omega} |f(x)|^p \mu(dx) \le \frac{p}{\omega_n} \int_{\Omega} |f(x)|^{p-1} \left( \int_{\Omega} \frac{|\nabla f(x) \cdot (y-x)|}{\|y-x\|^n} \, \mu(dy) \right) dx.$$

*Proof.* The inequality follows by applying Theorem 7 to the function  $\Phi(\tau) = \tau^p$ .  $\Box$ 

Taking use of inequality (2), we can state the following corollary

**Corollary 9.** Under the assumptions of Theorem 7, if  $\mu(dx) = dx$  is the Lebesgue measure and  $\varphi$  is nonnegative, then the following inequality holds

$$\int_{\Omega} \Phi(|f(x)|) dx - \Phi(0+)\mu(\Omega) \le \frac{\operatorname{diam}(\Omega)}{2} \int_{\Omega} \varphi(|f(x)|) \|\nabla f(x)\| dx + \varphi(0+) \int_{\Omega} \left(|f(x)| - \frac{1}{\omega_n} \int_{\Omega} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} dy\right) dx.$$

*Proof.* Since  $\varphi$  is nonnegative, we have

$$\frac{1}{\omega_n} \int_{\Omega} \varphi \left( |f(x)| \right) \left( \int_{\Omega} \frac{|\nabla f(x) \cdot (y-x)|}{\|y-x\|^n} \, dy \right) dx$$
  
$$\leq \frac{1}{\omega_n} \int_{\Omega} \varphi \left( |f(x)| \right) \|\nabla f(x)\| \left( \int_{\Omega} \frac{dy}{\|y-x\|^{n-1}} \right) dx$$
  
$$\leq \frac{\operatorname{diam}(\Omega)}{2} \int_{\Omega} \varphi \left( |f(x)| \right) \|\nabla f(x)\| \, dx,$$

and the claim of the corollary follows from the second inequality of Theorem 7.  $\Box$ 

**Corollary 10.** Under the assumptions of Corollary 9, for p > 1 the following two inequalities hold:

$$\int_{\Omega} |f(x)|^p \, dx \le \frac{p \cdot \operatorname{diam}(\Omega)}{2} \int_{\Omega} |f(x)|^{p-1} \|\nabla f(x)\| \, dx$$

and

$$\left[\int_{\Omega} |f(x)|^p \, dx\right]^{\frac{1}{p}} \le \frac{p \cdot \operatorname{diam}(\Omega)}{2} \left[\int_{\Omega} \|\nabla f(x)\|^p \, dx\right]^{\frac{1}{p}}.$$

*Proof.* The first inequalities follows from Corollary 9 applied to the function  $\Phi(\tau) = \tau^p$ .

The second inequality follows by applying Hölder's inequality on the right-hand side integral of the first inequality.  $\hfill \square$ 

The second inequality from the last corollary can be restated as

$$\|f\|_{L^{p}(\Omega)} \leq \frac{p \cdot \operatorname{diam}(\Omega)}{2} \|\nabla f\|_{L^{p}(\Omega)}$$
(3)

and represents a Friedrichs-type inequality in which the  $L^p$  norm of a function is bounded by the  $L^p$  norm of its gradient. Inequality (3) is a special case of inequality proven by Friedrichs [2], which in turn is a special case of Sobolev inequality (see [3]).

### 3. Exponential convexity

In this section we will use well known results from exponential convexity to derive new inequalities and refine some inequalities from the previous section (see [1]). We will also prove mean value theorems and generate Cauchy-type means and prove their monotonicity.

Let  $\Omega$ , f, x, z,  $\mu$  and C be as in Theorem 3 or Corollary 4 and let us define the following four linear functionals:  $A_k = A_{k;\Omega,f,x,z,\mu,C}$  with

$$\begin{split} A_1(\Phi) &= \frac{1}{\omega_n} \int_{B_z} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^n} \varphi\big(|f(y)|\big) \, dy - \Phi\big(|f(x)|\big) + \Phi(z) \\ &+ \varphi(z) \Big(|f(x)| - \frac{1}{\omega_n} \int_{B_z} \frac{|\nabla f(y) \cdot x - y||}{\|x-y\|^n} \, dy\Big) - z\varphi(z), \end{split}$$

$$A_{2}(\Phi) = \frac{1}{\omega_{n}} \int_{C} \int_{B_{z(x)}} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^{n}} \varphi(|f(y)|) \, dy \, \mu(dx)$$
  
$$- \int_{C} \varphi(z(x)) \Big(|f(x)| - \frac{1}{\omega_{n}} \int_{B_{z}} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^{n}} \, dy \Big) \mu(dx)$$
  
$$- \int_{C} z(x) \varphi(z(x)) \mu(dx) - \int_{C} \Big( \Phi(|f(x)|) - \Phi(z(x)) \Big) \mu(dx),$$

$$\begin{split} A_{3}(\Phi) &= \frac{1}{\omega_{n}} \int_{\Omega} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^{n}} \varphi \left(|f(y)|\right) dy - \Phi \left(|f(x)|\right) + \Phi(0+) \\ &+ \varphi(0+) \left(|f(x)| - \frac{1}{\omega_{n}} \int_{\Omega} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^{n}} dy\right) \\ A_{4}(\Phi) &= \frac{1}{\omega_{n}} \int_{\Omega} \varphi \left(|f(x)|\right) \left(\int_{\Omega} \frac{|\nabla f(x) \cdot (y-x)|}{\|y-x\|^{n}} \mu(dy)\right) dx \\ &+ \varphi(0+) \int_{\Omega} \left(|f(x)| - \frac{1}{\omega_{n}} \int_{\Omega} \frac{|\nabla f(y) \cdot (x-y)|}{\|x-y\|^{n}} dy\right) \mu(dx) \\ &- \int_{\Omega} \Phi \left(|f(x)|\right) \mu(dx) + \Phi(0+) \mu(\Omega). \end{split}$$

Linear functional  $A_k$ , k = 1, ..., 4, depend on the choices of  $\Omega$ , f, x, z,  $\mu$  and C, but if they are clear from the context, we will omit them from the notation.

Let us denote by  $\Phi_p$  the following class of functions

$$\Phi_{p}(\tau) = \begin{cases} \frac{\tau^{p}}{p(p-1)}, & p \neq 0, 1\\ -\log \tau, & p = 0\\ \tau \log \tau, & p = 1 \end{cases}$$
(4)

and let us define functions  $\psi_k: I_k \to \mathbb{R}_+$  by

$$\psi_k(p) = A_k(\Phi_p) \tag{5}$$

with  $I_1 = I_2 = \mathbb{R}$  and  $I_3 = I_4 = (1, +\infty)$ . Notice that  $\Phi_p''(\tau) = \tau^{p-2}$ , so the functions  $\Phi_p$  are convex. By Theorems 3 and 7 and Corollaries 4 and 8, the functions  $\psi_k$  are,

indeed, well-defined and nonnegative. It is straightforward to check that all of the functions  $\psi_k$  are continuous.

**Lemma 11.** For each  $k \in \{1, 2, ..., 4\}$ , the function  $\psi_k$  is exponentially convex.

*Proof.* Let  $n \in \mathbb{N}$ ,  $\xi_i \in \mathbb{R}$  and  $p_i \in I_k$ ,  $1 \le i \le n$ , be arbitrary. Define the function  $\Phi$  by

$$\Phi(\tau) = \sum_{i,j=1}^{n} \xi_i \xi_j \Phi_{\frac{p_i + p_j}{2}}(\tau).$$

Since

$$\Phi''(\tau) = \sum_{i,j=1}^{n} \xi_i \xi_j \tau^{\frac{p_i + p_j}{2} - 2} = \left(\sum_{i=1}^{n} \xi_i \tau^{\frac{p_i}{2} - 1}\right)^2 \ge 0,$$

the function  $\Phi$  is convex.

Furthermore, if k = 3 or 4, we have

$$\varphi(0+) = \left|\sum_{i,j=1}^{n} \xi_i \xi_j \varphi_{\frac{p_i+p_j}{2}}(0+)\right| < +\infty,$$

so  $\Phi$  satisfies the assumptions of Theorem 7. Hence, by Theorems 3 and 7 and Corollaries 4 and 8, for each k we have

$$0 \le A_k(\Phi) = \sum_{i,j=1}^n \xi_i \xi_j A_k\left(\Phi_{\frac{p_i + p_j}{2}}\right) = \sum_{i,j=1}^n \xi_i \xi_j \psi_k\left(\frac{p_i + p_j}{2}\right).$$

Since  $\psi_k$  are continuous in addition to satisfying the above condition, it follows that  $\psi_k$  are exponentially convex functions.

Due to the properties of exponentially convex functions, the following corollary is a direct consequence of the previous lemma

**Corollary 12.** For  $\psi_k$ , k = 1, ..., 4, defined by (5) the following statements hold

(i) For all  $n \in \mathbb{N}$  and  $p_i \in I_k$ ,  $1 \leq i \leq n$  the matrix  $[\psi_k(\frac{p_i+p_j}{2})]_{i,j=1}^n$  is positive semidefinite, so

$$\det\left[\psi_k\left(\frac{p_i+p_j}{2}\right)\right]_{i,j=1}^n \ge 0.$$

(ii) For  $p, s, t \in I_k$  we have

$$\begin{aligned} \psi_k(p) &\geq \left[\psi_k(s)\right]^{\frac{t-p}{t-s}} \left[\psi_k(t)\right]^{\frac{p-s}{t-s}} & \text{if } p < s < t \text{ or } s < t < p \\ \psi_k(p) &\leq \left[\psi_k(s)\right]^{\frac{t-p}{t-s}} \left[\psi_k(t)\right]^{\frac{p-s}{t-s}} & \text{if } s < p < t. \end{aligned}$$

Notice that the first set of inequalities in Corollary 12(ii) are refinements of the inequalities in Corollaries 5 and 8. Indeed, the latter inequalities, in the notation introduced in this section, are

$$0 \le \psi_k(p), \qquad k = 2, 4, p \in I_k \setminus \{0, 1\},$$

while the right-hand sides of inequalities in Corollary 12(ii) are nonnegative.

Furthermore, inequalities from Corollary 12(ii) are refinements of the Friedrichstype inequality from Corollary 10. Indeed, we have the following result **Corollary 13.** Let  $\psi_4$  be defined by (5) and let  $\Omega$  and f be as in Theorem 3. Then, for 1 or <math>1 < s < t < p the following inequality holds

$$p(p-1)\left[\psi_4(s)\right]^{\frac{t-p}{t-s}} \left[\psi_4(t)\right]^{\frac{p-s}{t-s}} \left[\int_{\Omega} |f(x)|^p dx\right]^{\frac{1-p}{p}} \le \frac{p \cdot \operatorname{diam}(\Omega)}{2} \left[\int_{\Omega} \|\nabla f(x)\|^p dx\right]^{\frac{1}{p}} - \left[\int_{\Omega} |f(x)|^p dx\right]^{\frac{1}{p}}.$$

*Proof.* As in the proof of Corollary 9, one can show that

$$\frac{1}{\omega_n} \int_{\Omega} |f(x)|^{p-1} \left( \int_{\Omega} \frac{|\nabla f(x) \cdot (y-x)|}{\|y-x\|^n} \, dy \right) dx \le \frac{\operatorname{diam}(\Omega)}{2} \int_{\Omega} |f(x)|^{p-1} \|\nabla f(x)\| \, dx$$

Therefore

$$p(p-1)\psi_4(p) \le \frac{p \cdot \operatorname{diam}(\Omega)}{2} \int_{\Omega} |f(x)|^{p-1} \|\nabla f(x)\| \, dx - \int_{\Omega} |f(x)|^p \, dx.$$

Applying Hölder's inequality on the first integral of the right-hand side and multiplying the inequality by  $\left[\int_{\Omega} |f(x)|^p dx\right]^{(1-p)/p}$ , while taking into account the first inequality from Corollary 12(*ii*), we get the claim of the corollary.

Next, we will state and prove Lagrange- and Cauchy-type mean value results.

**Lemma 14.** Let  $k \in \{1, ..., 4\}$ , let  $\Omega$ , f and R be as in Theorem 3 and let  $\Psi \in C^2((0, R])$ . If  $A_k(\Psi)$  is finite,  $A_k(\Phi_2) \neq 0$  and the function  $\Psi$ , when k = 3 or 4, satisfies the same limiting assumptions at zero as the function  $\Phi$  in Theorem 7, then there exists  $\xi_k \in [0, R]$  (provided  $\Psi''(0) = \lim_{z \to 0} \Psi''(z)$  exists when  $\xi_k = 0$ ) such that  $A_k(\Psi) = \Psi''(\xi_k)A_k(\Phi_2)$ .

*Proof.* Since 
$$\Phi_2$$
 is a convex function, when  $A_k(\Phi_2) \neq 0$  by Theorems 3 and 7 and Corollary 4, we have  $A_k(\Phi_2) > 0$ ,  $k = 1, ..., 4$ . Let

$$m = \inf_{\tau \in (0,+\infty)} \Psi''(\tau) \quad \text{and} \quad M = \sup_{\tau \in (0,+\infty)} \Psi''(\tau).$$

If  $M < +\infty$ , then the function  $M\Phi_2 - \Psi$  is convex since

$$\frac{d^2}{d\tau^2} \left( M \frac{\tau^2}{2} - \Psi(\tau) \right) = M - \Psi''(\tau) \ge 0.$$

By the assumptions of the lemma, the assumptions of Theorems 3 and 7 and Corollary 4 are satisfied and, hence,

$$0 \le A_k \Big( M\Phi_2 - \Psi \Big), \qquad k = 1, \dots, 4,$$

i. e.

$$A_k(\Psi) \le M A_k(\Phi_2), \qquad k = 1, ..., 4.$$
 (6)

If  $M = +\infty$ , then inequality (6) holds trivially. Similarly, for a finite m the inequality

$$mA_k(\Phi_2) \le A_k(\Psi), \qquad k = 1, ..., 4$$
 (7)

holds since  $\Psi - m\Phi_2$  is convex, while for  $m = -\infty$  inequality (7) holds trivially.

Finally, the existence of  $\xi_k$ , k = 1, ..., 4, follows from (6), (7) and continuity of  $\Psi''$ .

**Lemma 15.** Let  $k \in \{1, ...4\}$ . If  $\Psi$  and  $\widetilde{\Psi}$  satisfy the assumptions of Lemma 14 and if  $A_k(\Phi_2) \neq 0$ , then there exists  $\xi_k \in [0, R]$  such that

$$\frac{\Psi''(\xi_k)}{\widetilde{\Psi}''(\xi_k)} = \frac{A_k(\Psi)}{A_k(\widetilde{\Psi})},\tag{8}$$

provided that the denominators are nonzero.

*Proof.* Let us define a function  $\phi$  by

$$\phi(\tau) = \Psi(\tau) A_k(\Psi) - \Psi(\tau) A_k(\Psi).$$

The function  $\phi$  also satisfies Lemma 14 and, hence, there exists  $\xi_k \in [0, R]$  such that  $A_k(\phi) = \phi''(\xi_k)A_k(\Phi_2)$ . Since  $A_k(\phi) = 0$  and  $\phi''(\xi_k) = \Psi''(\xi_k)A_k(\widetilde{\Psi}) - \widetilde{\Psi}''(\xi_k)A_k(\Psi)$ , equality (8) follows.

Equality (8) allows us to define various means. Indeed, if  $\Psi''/\widetilde{\Psi}''$  is an invertible function for functions  $\Psi$  and  $\widetilde{\Psi}$  that satisfy the assumptions of Lemma 15,

$$\xi_k = \left(\frac{\Psi''}{\widetilde{\Psi}''}\right)^{-1} \left(\frac{A_k(\Psi)}{A_k(\widetilde{\Psi})}\right)$$

is a well-defined mean provided  $\xi_k > 0$ . In particular, for  $\Psi = \Phi_p$  and  $\Psi = \Phi_q$ , recalling the definitions (4) and (5) of functions  $\Phi_p$  and  $\psi_k$ , we can define means  $E_{p,q}^k$  by

$$E_{p,q}^{k} = \left(\frac{A_k(\Phi_p)}{A_k(\Phi_q)}\right)^{\frac{1}{p-q}} = \left(\frac{\psi_k(p)}{\psi_k(q)}\right)^{\frac{1}{p-q}}$$

for  $p, q \in I_k$ ,  $p \neq q$ . Moreover, we can continuously extend these means to cover the case p = q as well by calculating the limits  $\lim_{p \to q} E_{p,q}^k$ . For k = 1 or 2 we get

$$E_{p,q}^{k} = \begin{cases} \left(\frac{A_{k}(\Phi_{p})}{A_{k}(\Phi_{q})}\right)^{\frac{1}{p-q}}, & p \neq q \\ \exp\left\{\frac{1-2p}{p(p-1)} - \frac{A_{k}(\Phi_{0}\Phi_{p})}{A_{k}(\Phi_{p})}\right\}, & p = q \neq 0, 1 \\ \exp\left\{-1 - \frac{A_{k}(\Phi_{0}\Phi_{1})}{2A_{k}(\Phi_{1})}\right\}, & p = q = 1 \\ \exp\left\{1 - \frac{A_{k}(\Phi_{0}^{2})}{2A_{k}(\Phi_{0})}\right\}, & p = q = 0 \end{cases}$$
(9)

The means  $E_{p,q}^k$  for k = 3 and k = 4 have the same form, but are defined only for p > 1 and q > 1.

**Corollary 16.** Let  $k \in \{1, 2, 3, 4\}$  and  $p, q, r, s \in I_k$  be such that  $p \leq r$  and  $q \leq s$ . Then

$$E_{p,q}^k \le E_{r,s}^k$$

*Proof.* Since the functions  $\psi_k$  are exponentially convex by Lemma 11, they are also log-convex.

Now, the inequality of the corollary follows directly from log-convexity of the functions  $\psi_k$  and continuity of the means  $E^k$ .

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